

# MATERNITY CARE PACKAGE

Antenatal • Maternity • Well Baby Neonatal Circumcision



**Hospital**  
A Legacy of Care



[www.aarhospital.com](http://www.aarhospital.com)



## INTRODUCTION TO FURAHA WARD

Welcome to AAR Hospital Furaha ward where we take precious care of your bundles of joy. Furaha is a kiswahili word for joy as we believe it is a joyous process when ushering new life into the world.

The Furaha ward is a 14 bedded ward made up of two quads. We have the 4 bedded rooms that hold a capacity of 4 moms and the single rooms.

This ward also consists of the baby nursery where our nurses monitor the little ones after delivery.



## OBSTETRICS & GYNAECOLOGY CARE

The health of women during their pregnancy and delivery is vital for the mother and their children. At AAR Hospital our Women's and Infants' Services are designed to meet the unique health care needs of women at every stage of their lives.

Our Obstetrics & Gynaecology experts walk with you throughout to ensure a seamless process. Our services include;



**Pregnancy and  
delivery care**



**Cervical Cancer Vaccination**



**Reproductive Women's Health Screening**



**Breast surgery**





## ANTENATAL CARE (STARTING FROM KSH 55,000/-)

We are glad to walk with you through the recommended medical check up that will assist you on how to manage a healthy pregnancy, prepare you psychologically about changes in pregnancy, biological changes, and prenatal nutrition.

### Our antenatal package includes;

- ➔ 8 Antenatal Visits
- ➔ Prenatal Lab Screening
- ➔ 8 Urinalysis
- ➔ 1 Syphilis test (vdrl)
- ➔ 1 HIV ELISA
- ➔ 1 Hepatitis B SAG ELISA
- ➔ 1 Total Blood Count
- ➔ 1 Blood Group
- ➔ 2 Prenatal Ultrasound Scans
- ➔ 90 Iron Supplements



## MATERNITY CARE

Welcoming your new bundle of joy with care

AAR Hospital believes in providing the best maternity care possible. Our maternity services are designed to help make your hospital stay as relaxing, private, and stress-free as can be. We offer superior nursing care, in state-of-the-art labor and delivery rooms and surgical suites. Our packages include;



## NORMAL DELIVERY PACKAGES

(Kshs 98,700)

### Package includes;

- ➔ Obstetrician and Paediatrician fees
- ➔ Post-natal standard drugs
- ➔ Post-natal investigation
- ➔ Quadruple bed for two nights
- ➔ Post-natal standard drugs
- ➔ Post-natal investigation
- ➔ Quadruple bed for two nights



## CAESAREAN SECTION PACKAGE

(Kshs: 210,000)

### Package includes;

- ➔ Obstetrician and Paediatrician fees
- ➔ Post-natal standard drugs
- ➔ Post-natal investigation
- ➔ Quadruple bed for two nights
- ➔ 1st Vaccination before discharge
- ➔ Anaesthetist fee
- ➔ Theatre fees
- ➔ Quadruple bed for three nights

Exclusions: • Lamaze classes • Epidural services • Removal of retained placenta • Repair of laceration under general anaesthesia  
• Hospitalization outside of the delivery • Any lab outside of the prenatal investigations • Any drugs or supplement outside what is captured in the package



## WELL BABY & TRAVEL VACCINES

Child vaccination is one of the most important parts of taking care of your baby, and we are committed to helping you with that. AAR Hospital bridges that gap by offering vaccination services.

These come at a cost but the benefits far outweigh the costs. Protect your little ones from diseases such as diphtheria, tetanus, pertussis, influenza, and measles by staying up to date with their vaccination schedule.



## PAEDIATRIC SERVICES

AAR Hospital paediatric services are based around family-centred care. We welcome you to bring your child, who we feel honoured to serve and share in your joy: the joy of being a parent.

Providing quality care for infants, children, and young adults, our paediatricians know that every child's growth and development is unique – so they work closely with families to ensure even the smallest milestones are met with personalised attention.



## NEONATAL CIRCUMCISION (Kshs 25,000)

A comfortable experience in the neonatal unit for your precious one.

At AAR Hospital we optimize the circumcision procedure as well as the overall experience and we have developed specialized systems and processes to offer these services. We are baby circumcision experts.



# AAR Hospital Vaccination Schedule

Check box helps you keep track of all your vaccinations

Age	Antigen	Disease Prevented	Date of Vaccination
<input type="checkbox"/> Birth	BCG Oral Polio Vaccine Hepatitis B	Tuberculosis Polio Hepatitis B	
<input type="checkbox"/> Six Weeks	DPT, Hib, Hepatitis B Oral Polio Vaccine Pneumococcal Vaccine Rotavirus	Diphtheria, Pertussis, Tetanus Haemophilus Influenza – Type B Hepatitis B, Polio, Pneumonia Rotavirus	
<input type="checkbox"/> Ten Weeks	DPT, Hib, Hepatitis B Oral Polio Vaccine Pneumococcal Vaccine Rotavirus	Diphtheria, Pertussis, Tetanus Haemophilus Influenza – Type B Hepatitis B, Polio, Pneumonia Rotavirus	
<input type="checkbox"/> Fourteen Weeks	DPT, Hib, Hepatitis B Oral Polio Vaccine Pneumococcal Vaccine Rotavirus	Diphtheria, Pertussis, tetanus Haemophilus Influenza – Type B Hepatitis B, Polio, Pneumonia Rotavirus	
<input type="checkbox"/> Six Months	Vitamin A	Vitamin A Deficiency	
<input type="checkbox"/> Nine Months	Measles Yellow Fever	Measles Yellow Fever	

## Other recommended vaccines include:

- ➔ Flu Vaccine (6 & 7 Months)
- ➔ Chicken Pox I & II – 9 & 11 Months
- ➔ Menactra 1 (Meningitis) – 9 Months
- ➔ MMR – Mumps, Measles and Rubella – 15 Months
- ➔ Typhoid – 2 Years

You are encouraged to complete this official immunisation schedule for your child.



## OPERATIONAL HOURS

### Obstetrics & Gynaecology Clinic

- ➔ Monday- Saturday
- ➔ 9:00 AM -4:00 PM

### Paediatric Clinic

- ➔ Monday- Saturday
- ➔ 9:00 AM -4:00 PM

### Well baby & Travel Vaccine

- ➔ Monday- Saturday
- ➔ 9:00 AM -4:00 PM

### Address

Muthaiga North, Kiambu road  
opp Karura Forest

### Email & web

[www.aarhospital.com](http://www.aarhospital.com)  
[info@aarhospital.com](mailto:info@aarhospital.com)

### Phones

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Call us now!

# 0111 049 900

For quick queries and booking of any of our services reach us on our 24/7 Hotline No.